

# Ethan's Story

Ethan and Jordan are hanging out at lunch. Ethan says he is going to skip class in the afternoon, and he wants Jordan to join him. Ethan has been skipping lots of classes lately. He keeps pressuring Jordan to do the same. Jordan gave into the pressure two weeks ago, but when he skipped a class, he missed an important test. Jordan does not want to miss any more school.

When Ethan pressures Jordan to skip class with him again, Jordan decides to be assertive and says that he will not do it. Jordan is worried about Ethan because he has already missed so many classes and might not graduate. Jordan offers to help Ethan with his last assignment if he comes to class. Ethan does not look happy, but he agrees.

Ethan has also been missing his cadet / JCR training activities. You know that he had a falling out with his best friend, and they have not spoken in a month. Ethan and his best friend have been close since kindergarten. They used to do everything together. Ethan shows up at a cadet / JCR training activity and looks depressed and withdrawn. He asks to walk home with you.

Using the *Look, Listen, Link, Live*® model, answer the following questions:

- STEP 1: LOOK. What are the signs that tell you Ethan needs help?
- STEP 2: LISTEN. How would you approach Ethan to talk to him? What would you say?
- STEP 3: LINK. Where would you connect Ethan for support and help?
- STEP 4: LIVE. How would you take care of yourself, and what suggestions would you have for Ethan?