

Emotional Abuse Scenario Cards

A mother gets upset and starts yelling and smashing dishes in front of her children.	An adult raises his fist and waves it in the face of an 8-year-old.
"If I hear one more word out of you, I am going to kill your dog!"	"I am going to kill you if you do not shut up!"
"I wish you were never born!"	"The sight of you makes me sick—you are just like your father!"
"You are a waste of skin. You will never amount to anything."	A hockey coach continually yells at a player when they miss a goal, "You are stupid and useless!"
"You are fat and ugly."	"You are worthless."
Children are kept locked in a room.	Children are taken out of school and forced to stay home without any outside contact with friends or family members.
A child is never allowed to eat dinner with other family members. They must eat alone in another room.	Parents constantly give the "silent treatment" to their child and refuse to speak to them.
A student wins an award at school and tries to share their accomplishment with their father. The father refuses to listen and throws the award aside.	A child hurts her arm and needs medical attention. Her mother tells her to stop crying like a baby, and she does not look at the injury.
A 13-year-old is encouraged by an adult to drink and do drugs.	Parents teach their children from a very young age to hate people based upon their skin colour, culture, or religion.
An 11-year-old is used by an adult to deliver packages of drugs to a buyer.	Children are encouraged to perform "break and enters" so that adults can sell the stolen goods.
A 10-year-old is responsible for their younger brothers and sisters and must stay home from school to take care of them.	A 3-year-old tries to take care of his mother who is drunk.
A 9-year-old is told to lie about why her father cannot make it to work.	A 10-year-old has to cover for his father while he is having an affair.