

I Can Be An Ally

An “ally” is someone who supports and stands up for the rights and dignity of individuals and identity groups that are different from their own.

Let us turn our thoughts into action. Read each scenario. Then, complete the steps below about how you could respond.

Scenario 1

You see two junior cadets / JCRs excluding another cadet / JCR. They are making anti-LGBTQ2S comments and calling him a “homo”. What do you do?

STEP 1: INTERVENE. Stop the comments or behaviour.

I could say: _____

STEP 2: EDUCATE. Explain the impact that the words or actions can have on others.

I could say: _____

STEP 3: RESPECTFULLY CHALLENGE. Discuss why the behaviour must stop and why it is wrong. Do this in a safe and respectful way, without yelling or belittling.

I could say: _____

STEP 4: GIVE HELP AND SUPPORT. If the behaviour does not stop, ensure the person being targeted is able to safely leave the situation. Go to an adult you trust and get help.

I could say: _____

Scenario 2

Jenna is in your squadron and is showing you a picture she posted on Facebook of her new girlfriend when she receives a private message from someone you are both friends with. The person is making jokes about Jenna’s sexual orientation and making sexual comments about Jenna and her girlfriend. What do you do?

STEP 1: INTERVENE. Stop the comments or behaviour.

I could say: _____

STEP 2: EDUCATE. Explain the impact that the words or actions can have on others.

I could say: _____

STEP 3: RESPECTFULLY CHALLENGE. Discuss why the behaviour must stop and why it is wrong. Do this in a safe and respectful way, without yelling or belittling.

I could say: _____

STEP 4: GIVE HELP AND SUPPORT. If the behaviour does not stop, ensure the person being targeted is able to safely leave the situation. Go to an adult you trust and get help.

I could say: _____