



243 Ogoopogo Royal Canadian Air Cadet Squadron (RCACS)
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Return to Training in COVID-19 Environment – What to Expect

The safety and security of all who participate in 243 Ogoopogo Air Cadets is always one of our top priorities. It is assumed that the COVID-19 pandemic could last 18 months or longer. This virus will likely return in multiple waves and continue to pose a threat to the Canadian Public. A return to normalcy is not forecasted any time soon, and we need to prepare for a new normal.

With the possible start-up of limited in-person cadet activities in October 2020, please find this document as your overview guide of what to expect. There are two sections:

- 1) Prior to Arriving to Cadet Activities
- 2) During Cadet Activities

If you have any questions, please don't hesitate to reach out to the Squadron directly – Contact@243air.com or 778-771-2771.

1) Prior to Arriving to Cadet Activities

Non-Medical Mask (NMM) – mandatory for all in-person Cadet activities

- Each Cadet will be issued two NMMs, until then, please wear a personally sourced NMM

Writing Instrument

- To reduce the possibility of cross contamination, each Cadet is asked to bring their own, personal pen/pencil to use during the event

Supplies Required

Water/Snacks, as needed

- **NO NUTS of any kind**
- To reduce potential touch points, no food or water will be served during Cadet events. Cadets are asked to bring their own, labelled items for personal consumption

Self- Screening

COVID-19 Self Screening - <https://bc.thrive.health/covid19/en>

- Each participant is required to complete a self-assessment prior to attending each activity. This will be recorded and reviewed during the sign-in process upon arrival to Cadet activities

Reporting

Reporting of symptoms & COVID-19 testing

- Any adult or cadet who is ill, becomes ill, or has been tested for COVID-19 **must not participate in any Cadet activities until they are cleared to do so**
- If you have symptoms, or are undergoing testing, report immediately to:
 - 243air.com/absence-form if prior to the event
 - Any adult staff member, if during an event

2) During Cadet Activities

Supplies Required **Non-Medical Mask (NMM)** – mandatory for all participants during all in-person Cadet activities
Personal writing utensil – not to be shared

Sign-in Process When participants arrive at the training facility, they will be greeted by a senior Cadet and Duty Officer to complete:

- [Attendance Register](#) – this will support any contact tracing, as needed
- Hand hygiene – all participants must use the supplied hand sanitizer at point of entry
- Ensuring NMM is worn
- [COVID-19 Self-Screening](#) – Screening will occur at point of entry and if answer “yes” to any questions, you will be turned away and asked to follow-up with 811.

Public Health Measures

- **Non-Medical Masks** must always be worn
- **Directional signage** inside the building must always be followed
- **Physical distancing** (2m) must be followed by all members during all in-person activities
- **Regular hand washing** (i.e. hand sanitizer) must occur when entering the training facility, when moving locations within the training facility (i.e. office to classroom) or at least hourly, whichever is more frequent
- **Maximum room capacity** – Maximum room capacities will be posted at main entrances and must be followed by all participants

Cleaning Protocol

- **High touch points** – All high touch points will be cleaned at least hourly throughout the training event by the Squadron Sponsoring Committee
- Cadets/Staff will be asked to clean their own equipment prior to finishing for the night or when needing to share supplies between others (i.e. computers, printers, projectors)
 - Health Canada approved cleaners will be supplied by the Squadron

Key Points

- Only the main entrance into the building will be used. All persons are asked to maintain physical distancing outside the building.
- Based on British Columbia Public Health Measures, there will be a **maximum of 50 persons** permitted inside the building at any one time.
- Late arrivals will only be permitted into the building on a case by case basis by knocking or ringing the doorbell. The Sign-in Process outlined above will be followed.
- Only Cadets and staff members will be allowed into the building during any Cadet activities. Squadron Sponsoring Committee members will be permitted with approval from the Commanding Officer or COVID-19 Safety Officer.
 - **Visitors, parents, guests without advance notice and a meeting will not be permitted inside of the building.**
- Parents interested to meet with a member of the Squadron Staff are asked to book an appointment in advance. All efforts will be made to host virtual meetings.
 - To book a meeting, please reach out to Contact@243air.com with a brief overview and possible dates you'd like to meet.